

be happier ·build family unity ·feel great · take care of latch key children

reduce unemployment
 increase communication

· lose weight · diminish chance of disease · build selfesteem · reduce stress · promote sensitivity to cultural diversity · eliminate loneliness · increase community pride · reduce crime · provide safe places to play · generate revenue · lower health care costs · meet friends · educate children and adults · relax · keep business from leaving · elevate personal growth · strengthen neighborhood involvement · conquer boredom · provide child care · boost economy · curb employee absenteeism · increase tourism · build strong bodies • increase property value • attract new business · preserve plant and animal wildlife · instill teamwork · live longer · protect the environment · create memories · clean air and water · boost employee productivity · look better · enhance relationship skills · decrease insurance premiums · control weight · offer

# Spring & Summer 2022 Program Guide

# Spring/Summer 2022

#### **CONTACT US:**

Brookfield Parks & Recreation 162 Whisconier Rd. Brookfield, CT 06804 203-775-7310 www.brookfieldct.gov/rec

#### **Office Hours:**

Monday - Friday 8:30am - 4:30pm



Like us on Facebook for up to date information and announcements.

@ Brookfield, Connecticut Parks & Recreation

#### **RECREATION STAFF:**

Mary Knox Director, Parks & Recreation

Dan Gagne Recreation Supervisor

Liz Burandt Administrative Assistant

#### **PARKS STAFF:**

Chris Rabuse Parks Supervisor
Chris Shaw Crew Leader
Rob Haggarty Parks Maintainer
Mike Schaniel Parks Maintainer

Chris Montchal Parks Maintainer

#### **COMMISSION:**

Joei Grudzinski, Chair Ed Butt, Vice Chair

Bryan Chnowski Rob Blick

Cassie Dunn John Mangold Tom Murphy Renee Santiago

Liz Burandt, Recording Secretary

#### **Mission Statement**

It is the mission of the Brookfield Parks & Recreation Department to respond to the ever-changing needs of our residents by providing the foundation for enhanced community interaction and enjoyment. To enhance the quality of life for all ages and abilities by providing healthy and affordable recreation opportunities with an emphasis on safe, attractive and well managed public properties, parks, and school grounds.

# Spring/Summer 2022

#### Join Our Team!

Brookfield Parks & Recreation is looking for energetic and motivated seasonal staff for our summer programs. Employment applications are available online at <a href="https://www.brookfieldct.gov/rec">www.brookfieldct.gov/rec</a> or in the office at 162 Whisconier Rd. The Town of Brookfield is an equal opportunity employer. Positions available for the following roles:

- Camp Counselors
- Camp Director
- Lifeguards
- Gate Guards

# **Facility Passes**

#### **Boat Ramp Season Pass**

Boat ramp passes are available to Brookfield residents and/or Brookfield homeowners. Residents MUST provide their current boat AND trailer registrations to Parks & Recreation in person at our office (162 Whisconier Rd.) or by email to obtain your pass. Copies from prior years are not kept on file.

Boat Pass—Trailered Boat \$131.25 Boat Pass—Car Top Vessel \$68.25

Senior Boat Pass—Trailered \$81.90 (Age 65+) Senior Boat Pass—Car Top \$49.35 (Age 65+)

#### Williams Park Tennis Season Pass

Williams Park features two well-maintained Har-Tru clay courts. Season passes are available to Brookfield residents and allow users to reserve up to two hours a day a week in advance. Full details on reservations will be made available to pass holders via email in advance of the season. Courts are expected to open Memorial Day Weekend and will remain open through October or as long as the weather permits.

**Household Tennis Pass:** \$115.50

Senior Tennis Pass: \$84.00 (Ages 65+)

#### **Town Park Beach**

Town Park Beach passes, hours and swim lesson information is located on page 23. Brookfield Muskrat Swim Team information can be found on page 22.

# Special Events

#### **NEW ~ Mini-Golf Leagues!**

Adult and parent/child leagues are now forming! Test out your putt putt skills against friends and neighbors at JJ Stacks this spring. Teams of two can register for this weekly league with recorded scores and rankings kept. League play will be on Tuesday nights beginning at 5:30pm for parent/child and 6:00pm for adults. Rotating foursomes will be scheduled each week so your duo will play alongside others. Teams will arrive, check in, play a round, and submit scores to Parks & Rec. Weekly updates will emailed to the group. An end of season tournament will be planned.

Day: Tuesday Dates: 5/10—7/5

**Time:** 5:30 (Parent/Child) **Fee:** \$50.00

Time: 6:00pm (Adults)

Place: JJ Stacks, 537 Federal Rd. Brookfield, CT

#### **CARE Fishing Trip at Town Park Beach**

Brookfield Parks & Recreation is proud to partner with the DEEP Fisheries Division-CT Aquatic Resources Education (CARE) program to host a special fishing event at Brookfield Town Beach on June 7th from 5:00-8:00pm. Come join expert fishing instructors and learn how to get started fishing safely, legally, and successfully! Make memories with your families and friends, enjoy the outdoors and maybe bring home dinner. The CARE program supplies all bait, tackle, and instruction. All participants ages 16 and up MUST have a valid 2022 inland fishing license. Anglers under 16 are encouraged to register for a free Youth Fishing Passport. All participants for the fishing trip must learn the basics of fishing by completing the CARE program's self-paced 'Lets Go Fishing' online course and/or attend an Introduction to Fishing Zoom webinar prior to the fishing trip at Brookfield Town Park. Links to register for your license or passport as well as the online classes will be included on your registration receipt. Minimum age to participate is 6 years old and all children are required to have a parent/guardian participate alongside them.

#### **FISHING TRIP:**

Day: Tuesday Dates: 6/7
Time: 5:00—8:00pm Fee: FREE

Place: Town Beach, 500 Candlewood Lake Rd.

# Special Events

#### 2022 Newtown Savings Bank Concerts in the Park

Friday night concerts will be held this summer at the Brookfield Town Hall Bandstand. Concerts begin at 6:30pm each week and will run from June 17—August 26. Band listings, sponsors and full details are available on page 25.

#### Movies in the Park Series

Movies in the park are back! After select Friday night concerts, stay for a family friendly film. Relive the days of the Danbury Drive In on the lawn at the Bandstand! The show starts just after dusk and is projected on a 10 x 10 foot screen. Seating will be on the lawn in front of the Bandstand. Movie details will be available in June and posted online at <a href="mailto:brookfieldct.gov/rec">brookfieldct.gov/rec</a> and the Brookfield, CT Parks & Recreation Facebook Page.

#### **Cornhole League**

Adult teams of two are invited to join this weekly corn hole league in the park. This social league will match teams up against an opponent each week with scores and standings kept through the summer. After six weeks of round robin play, teams will be seeded in a tournament style bracket for competitive play. Sign up as a two person team. Substitutes permitted as players are not expected to attend every week. Backyard style boards will be used.

**Day:** Wednesdays **Dates:** 6/22—8/10 **Time:** 6:30—7:30pm **Fee:** \$50.00

Place: Town Hall Bandstand, 100 Pocono Rd.

#### **DEEP Boater's Safety Course**

The Connecticut Department of Energy and Environmental Protection is phasing back inperson safe boating/PWC classes based on interest. If you are interested in taking a class to obtain your Certificate of Personal Watercraft Operation, please call our office and put your name on the interest list to be contacted when/if a class is formed.

# Kids Craft Workshops

#### Mother's Day Craft Workshop

It's craft time for mothers and grandmothers with their little ones! Join us for this craft workshop and give string art a try. Parents and children will both complete crafts at the same time. Suitable for children ages 4-10. Younger children will need some assistance. Those registered will have the option of pre-selected templates.

**Day:** Saturday **Time:** 10:00—11:00am **Dates:** 5/7 **Fee:**\$15.00/\$20.00 2+ kids

Location: Town Hall, 100 Pocono Rd.

#### Father's Day Craft Workshop

This craft workshop will allow dads and grandads the opportunity to create some fun crafts with kids or grandkids. The group

will craft simple but functional crafts such as a rubber band race car, a flying zoomer, and your own party popper! Suitable for children ages 4-10. Younger children will need some assistance.

**Day:** Saturday **Time:** 10:00—11:00am **Dates:** 6/18 **Fee:**\$15.00/\$20.00 2+ kids

Location: Town Hall, 100 Pocono Rd.

# Craft Kits—To Go!

Grab & go craft kits contain 4-5 themed crafts suitable for ages 3-10. These kits are perfect to have handy for rainy days or times of childhood boredom!

Some adult assistance required for younger crafters.

**Fee:** \$10 per kit Pickup at 162 Whisconier Rd.





Summer Craft Kit—Pickup after 6/1

# Trips

#### Ellis Island & Statue of Liberty

Join Brookfield Parks & Recreation and Friendship Tours on a trip to NYC, Ellis Island and the Statue of Liberty. Your reserved ferry ticket includes entry to the Ellis Island Museum, the Statue of Liberty Museum & audio guides for both islands. Ferry departs from Liberty Park, NJ. A Friendship Tours Guide will help you navigate this day. Entry to Crown & Pedestal not included. Lunch not included. At the time of this printing, proof of vaccination and Photo ID is required to enter restaurants on both Ellis Island and Statue of Liberty. It is not required for any other indoor space on the islands. There is a moderate amount of walking on this trip. Bus departs and returns to Brookfield Town Hall, 100 Pocono Rd.

Day: Saturday Date: 5/14

**Time:** 8:15am—7:00pm **Fee:** \$105.00pp

#### **Block Island**

Take a break and spend the day on beautiful Block Island! Catch a ride on the ferry for a delightful hour cruise from Point Judith, RI to Old Harbor, Block Island, a National Historic District. Walk only a short distance from the ferry to the National Hotel that overlooks the Atlantic. Lunch included. Menu choice in advance. Menu choices available on trip poster on Parks & Rec website. Time on your own before boarding ferry for return trip. Bus departs and returns to Brookfield Town Hall, 100 Pocono Rd.

**Day:** Saturday **Time:** 6:15am—9:30pm

**Date:** 6/25 **Fee:** \$150.00pp

#### **CT Lighthouse Cruise**

Get a new perspective on the history of Southern New England and Long Island with your narrated sightseeing from the water—aboard a comfortable, climate controlled, high-speed vessel! Lighthouses and upscale mansions line the shore. Early dinner at the Steak Loft in Olde Mistick Village included. Menu choice in advance. Menu choices available on trip poster on Parks & Rec website. Time on your own in the Village for shopping. Bus departs and returns to Brookfield Town Hall, 100 Pocono Rd.

**Day:** Sunday **Time:** 11:00am—8:30pm

**Date:** 8/21 **Fee:** \$143.00pp

# Adult Art Classes

#### **Decorative Painting**

Have you ever wanted to learn how to paint, but thought it might be too difficult? Or, maybe you've painted

before, and want to try it again? This course is designed for both beginners and those who have some prior experience. Decorative painting is a fun and easy way of creating art on both functional and non-functional surfaces. In this step-by-step course, you will paint a spring-themed painting designed by the instructor while learning a variety of techniques and brushstrokes. Paints, brushes, and basic supplies will be provided by the instructor. Students will need to purchase a 9x12" canvas (available at Michaels) prior to class. Two days and times offered.

**Day:** Wednesdays, 5/25—6/29 (6 wks) Fee: \$90.00 **Time:** 1:00—3:00pm

Day: Thursdays, 6/2—7/7 (6 wks)

**Time:** 5:30—7:30pm Fee: \$90.00

Instructor: Pamela Cassidy Location: Town Hall Rooms

#### **Beginning Knitting**

Learn to knit and purl. Basic casting on, knitting, purl and binding off stitches will be taught. Leave with a finished potholder or learn to make a beautiful scarf. Participants

should purchase and bring their own supplies including size 7 knitting needles and one skein of Lion Brand or Red Heart yarn. Two skeins needed for the scarf project. Yarn and needles are available to practice with if you are unable to purchase before the first class.

Day: Thursday **Time:** 6:30 – 7:30pm

**Dates:** 5/12—6/16 (6 wks) **Fee:** \$66.00 Place: Brookfield Town Hall Room 129

**Instructor:** Kathleen Huntington

# Adult Art Classes

#### **Watercolor for Adults**



Whether you are just starting out, or someone that has painted for a while, this class is to help students at every

level. Participants will learn to use color in exciting ways: the group will focus on color theory, learning to mix colors with the color wheel, mixing compliments, mix various grays, discussing how color can express a wide range of emotions, learn about value and intensity, and many different watercolor techniques. By the third class, you will have a painting to work on at your own speed while applying the knowledge you have learned. There will be demonstrations and individual attention each class. Each participant will work from a photo that inspires them or a still life you want to bring to class. All participants will walk away with a strong understanding of watercolor painting. A materials list will be emailed prior to the start of the class.

Day: Tuesday **Time:** 5:30—7:30pm

Dates: 5/10—6/28 (8 wks)

Time: 10:00am—12:00pm Day: Friday

**Dates:** 5/6—6/24 (8 wks)

Instructor: Victoria Lange Fee: \$120.00

**Location:** Senior Center (Tue)

**Location:** Lakeside Community Room (Fri)

#### Plein Air Watercolor

Come to the lake to paint! This is an ideal watercolor class for painters of all levels who enjoy the outdoors. There will be demos and lots of quality painting time on your own. Victoria will give individual attention to all students working on drawing and watercolor techniques. Bring your own art supplies and get ready for a wonderful painting experience at the Town Park Beach and Lakeside Community

Room!

Day: Thursday **Time:** 10:00—12:00pm

**Dates:** 5/12—6/16 (6 wks) Fee: \$90.00

Instructor: Victoria Lange

Location: Lakeside Community Room

# Adult Education

#### **Unlocking Your Musical Creativity**

This program is for adults who want to expand their musical creativity, create their own musical ideas and turn them into songs! No experience is necessary. Topics will include how to create basic rhythmic & melodic ideas and turn them into real compositions. Participants are encouraged to bring their own instruments, but basic percussion will be provided for those who don't have their own. The class will be led by Premik Russell Tubbs who has been a musical instructor, performer and workshop leader since 1987. He has been a member of Sting's house band at his concerts for the Rainforest since 2008 and also toured and recorded with famous artists such as Carlos Santana, Whitney Houston, James Taylor, Bruce Springsteen and many more.

**Day:** Thursday **Dates:** 5/12—6/16 (6 wks)

**Time:** 6:00—7:00pm **Fee:** \$72.00 **Place:** Town Hall Room 129

#### Adult, Child & Infant CPR/AED/First Aid

This course covers CPR/AED and basic first aid for adults, infants and children in an approach that complements adult learning styles, featuring hands-on practice and real-life scenarios. Upon completion, course includes American Health & Safety Institute certification in Adult and Pediatric CPR/AED with basic first aid, valid for two years and hard case pocket mask.

**Day:** Saturday **Time:** 9:00am—2:00pm

**Dates:** 5/14 **Fee:** \$99.00 **Place:** Town Hall Meeting Room

Instructor: Charles Teich

#### **NEW ~ Women Building Community**

Based on Shelly Tygielski's book, "Sit Down to Rise Up" we will explore specific ideas on self-care practices and learn why creating

communities of women who support each other is so important. There are exercises in the book that will allow the reader to dig deep into what holds them back from attaining their goals as they strive for health, happiness, and careers that excite them. Purchase of book is recommended but not required.

Day: Wednesday

Dates: 6/15

Fee: \$20.00

Time: 6:00—8:00pm

Place: Town Hall Room

Instructor: Terri Sorrentino

# Adult Fitness

#### Intro to Tai Chi Qi Gong



Tai Chi Quan is the ultimate system for health and self-defense. It is practiced for its power to prevent and cure many diseases and ailments. The slow gradual

movements are rooted in ancient traditional Chinese Medicine to help reduce stress, increase balance, core strength and greatly improve overall health. Classes will explore the Relaxed and Calm Standing Meditation form, Qi Gong for strength, balance and flexibility, and the Wu Style Tai Chi forms. Suitable for all levels.

**Days:** Fridays **Time:** 6:30—7:30pm **Date:** 4/29—6/10 (6 wks ~ no class 5/27)

Fee: \$66.00 Instructor: Vinny Candela

Place: CES Gym, 8 Obtuse Hill Rd.

#### **Beginner Pilates Mat**

Join us for a gentle Pilates class that focuses on strengthening the core. Classes will incorporate several exercises to improve strength, flexibility, and stability. A minimum of 5 sign ups in order to run the class. Wear comfortable clothing to move and stretch in. Bring a water bottle.

**Day:** Monday **Time:** 5:15—6:00pm

**Dates:** 5/2– 5/23 (4 wks) **Fee:** \$80.00 **Place:** Fit for You Pilates, 195 Federal Rd.

Instructor: Alysa O'Donovan

#### **Beginner Pilates Barre**

Pilates Barre classes will consist of barre/mat exercises, & cardio elements to provide a total body workout! This class is designed to tone and strengthen the body in a fun and encouraging environment. Mats are available for use but feel free to bring your own! Grip socks are required to be worn to prevent injury; socks are available for purchase.

**Day:** Monday **Time:** 6:15—7:00pm

**Dates:** 5/2– 5/23 (4 wks) **Fee:** \$80.00 **Place:** Fit for You Pilates, 195 Federal Rd.

Instructor: Alysa O'Donovan

# Adult Fitness

#### Simply Slowly Stretch

Would you like to increase your flexibility? Strengthen the muscles that support your back and core? Through standing postures and floor work, you'll use the resistance of your own body to gently increase your flexibility, strength and stability. This program can be modified for all fitness levels. Participants should be comfortable working on the floor (mats). Bring a water bottle & mat or towel.

**Day:** Tuesday **Time:** 6:30—7:30pm

**Dates:** 4/26—5/31 (6 wks) **Fee:** \$66.00

Instructor: Phyllis Babuini

Place: CES Gym, 8 Obtuse Hill Rd.

#### Cardio Sculpt

This low impact class will use the concentrated resistance of bands and light weights to work your core, build muscle, and work on your positive posture and balance. Please bring two sets of weights; one lighter, one heavier (1, 3, or 5lb recommended) and a towel or mat for floor work. Be sure to wear sneakers and bring a water bottle, too.

**Day:** Thursday **Time:** 6:30—7:30pm

**Dates:** 4/28—6/2 (6 wks) **Fee:**\$66.00

Instructor: Phyllis Babuini

Place: CES Gym, 8 Obtuse Hill Rd.

#### Yoga in the Park



This mixed level class strings yoga postures together in a flowing, vinyasa style sequence of breath and movement. Class is infused with balance work and optional challenges; with modifications provided for all levels

(beginners are welcome). The outdoor setting will allow you to connect with nature, improve your health, relax, unwind, and breathe in the fresh air. Class held on lawn at the Town Hall Bandstand or under the Bandstand if raining. Bring your own water, mat, blocks or straps if you have them and like to use them.

**Day:** Tuesday **Time:** 5:00—6:00pm

**Dates:** 4/26—6/7 (7 wks) **Fee:** \$77.00

Place: Town Hall Bandstand, 100 Pocono Rd.

Instructor: Sharon Poarch RPT, RYT-200 (physical

therapist for Brookfield Public School)

# Adult Fitness

#### Pickleball Lessons



Learn the fastest growing sport in America! You'll have so much fun playing; you may not remember that you are exercising too!

Certified instructor Sharon Eisen will offer an absolute beginners session for those who have never played as well as a class for those looking to improve on their skills. Please dress for outdoor play and bring a water bottle. Each class is limited to 6 people to allow for individual attention. Classes will be postponed for inclement weather/wet courts. Makeups will be added, if necessary.

Days: Mondays & Wednesdays

**Time:** 4:00—5:30pm **Fee:** \$100.00 **Beginners Class:** 5/9– 5/18 (4 classes)

Advanced Beginner Class: 6/6—6/15 (4 classes)
Place: Cadigan Park, 500 Candlewood Lake Rd.

#### **NEW ~ Chakra Meditation**

Through chanting and scanning the body, you will cleanse and reset each chakra (energy centers) to activate our inner healer. This kind of practice has the potential to bring us closer to our soul purpose and to a more fulfilling and intentional life. This program will take place outside at the Town Hall Bandstand and may be cancelled for inclement weather.

**Day:** Sunday **Time:** 9:30—10:15am

Fee: \$72.00 Instructor: Maria Cruz-Andrade

**Dates:** 5/1—6/12 (6 wks ~ no class 5/29)

Place: CES Activity Field, 8 Obtuse Hill Rd.

#### Yoga on the Beach

Join our seasonal beach yoga for a serene, open air class on the beach. All levels are invited to this vinyasa style yoga practice to help build strength, flexibility and peace of mind. Wear comfortable clothing and bring your own yoga mat and towel. Park at Cadigan Park, 500 Candlewood Lake Road, and cross the street at the crosswalk to access the Town Park Beach. No class on July 22nd or 29th. This class meets outdoors and may be cancelled due to inclement weather.

**Day:** Friday **Time:** 9:15—10:15am **Dates:** 6/17—8/19 (8 wks ~ no class 7/22, 7/29) **Fee:** \$88.00 **Instructor:** Alison DiPinto

#### YOGASPACE

All YogaSpace classes are livestreamed and at YogaSpace, 78 Stony Hill Rd., Bethel, CT.

www.yogaspace-ct.com



#### **Yoga Basics**

The perfect class series for beginners or someone who is looking to bring their yoga "back to basics"! You will learn basic yoga poses (which will be modified based on your ability), as well as breathing and relaxation techniques in this well-rounded introduction to yoga. We'll practice mindfulness, stress reduction, and energy awareness so that you'll leave feeling empowered, relaxed and open. No experience necessary! Buy one, six class pass and attend any of the following classes for \$79.00. Mixing and matching of days is allowed.

Day: Monday Instructor: Debbie Isaacs

**Time:** 12:00—1:15pm

Dates: 5/2—6/20 (pick 6 classes over 8 weeks)

Day: Wednesday Instructor: Debbie Isaacs

**Time:** 6:00—7:15pm

**Time:** 10:00—11:15am

Dates: 5/7—6/25 (pick 6 classes over 8 weeks)

#### Yin Restorative Yoga

The Yin practice focuses on postures that lengthen the muscles surrounding the hips, pelvis, and lower back. Postures are held with support for 3-5 minutes to stimulate tissue surrounding the joints, making Yin essential for injury prevention and joint health as we age. The class can bring you to a meditative physical and mental state and each class will end with seated meditation. All levels welcome.

**Day:** Tuesday **Time:** 7:30—9:00pm

Dates: 5/3—6/21 (pick 6 classes over 8 weeks)

**Instructor:** Rob Farella **Fee:** \$79.00

#### LYT Yoga

The LYT Yoga method was created to help Yogis find freedom through smarter, safer, and sustainable movement patterns that challenges both mentally and physically in the most enjoyable ways. All levels welcome! Beginner classes on Saturdays and Slow Flow on Wednesday evenings.

**Day/Time:** Wed/7:30pm ~ Sat/11:30am ~ Sun/10:30am

Dates: 5/4—6/26 (pick 6 classes over 8 weeks)

**Instructor:** Julie Glick **Fee:** \$79.00

# YOGASPACE

\*NEW\* INTRO STUDIO (\$36) & INTRO LIVE STREAM (\$20) PASSES

Take any 3 classes within 30 days. Pass activates at first class.

#### **Art of Mediation**

This 4-week meditation course is an excellent program for beginners as well as the seasoned practitioner who desires to go deeper and find more in their meditation. The course will help you rediscover your inner stillness and silence while building a deep understanding of the practice and its many values and benefits. Regular practice helps restore balance, generate deeper calm, boost health and healing, increase concentration & productivity, create greater joy, clarity, creativity & purpose. Meditation can open your eyes and improve your quality of life.

**Day:** Thursday **Time:** 7:30—8:30pm

**Dates:** 5/19—6/9 (4 wks) **Fee:** \$49.00

Instructor: Rob Farella

#### Pre/Post Natal Yoga

This nurturing and fun gentle yoga class is designed to strengthen, stretch and embrace changes in a women's body during and after pregnancy. Soon to be moms and recent moms will learn what poses are appropriate for them, as well as meditation and breathing techniques to promote concentration, relaxation and renewed energy. Connect with other moms and build that special bond with your baby. Be prepared to practice yoga, but also know its completely fine to stop to attend to your baby. No experience necessary and permission from your doctor is highly recommended.

Day: Tuesday Time: 6:00—7:15pm

Dates: 5/3—6/21 (pick 6 classes over 8 weeks)

Instructor: Heather Morgado Fee: \$79.00

#### Discover Kundalini Yoga

The science of Kundalini Yoga is an ancient technology and is considered one of the most powerful and comprehensive forms and the fastest way to establish an aligned relationship between body, mind, and spirit. This is an introductory class and will review all the basics of Kundalini Yoga, including postures (asanas) dynamic movement, sound current (mantra) breath (pranayam) and meditation. All levels welcome. \$79.00 for 6 classes.

**Day:** Friday **Time:** 6:00—7:30pm **Dates:** 5/6—6/24 (pick 6 classes over 8 weeks)

Instructor: Susan Shaner MA, MS, RYT, PCC

# Sunset Hill Golf Leagues

#### **Ladies Golf League**

A Ladies Golf League will begin play on Monday nights this summer. The



first night will be June 13th with tee times beginning at 5pm and rotating foursomes each week. Specific tee times and pairings will be emailed each week. Those in the league will have handicaps kept, have the opportunity to earn clubhouse cash and join a group for social camaraderie! League entry fee is \$15.00 payable to Parks and Rec with greens fees paid at Sunset Hill each week you play.

Day: Monday Dates: Starting 6/13

**Time:** 5:00—8:00pm **Fee:** \$15.00 **Members Weekly:** \$11 riding/\$2 walking

Non-Members Weekly: \$28 riding/\$19 walking

#### Senior Golf League ~ 55+

The senior golf league is back at Sunset Hill! Entering its 14th year, men and women age 55 and up can play with new friends and old, right here in Brookfield. The league anticipates a Tuesday, May 17th start that will continue on Tuesday mornings into early November, weather permitting. Your choice of 9 or 18 holes, riding or walking each week. Greens fees range from \$15—\$40 per week, paid when you play. A league entry fee of \$15.00 is payable to Parks and Rec due one week prior to league start.

**Day:** Tuesday **Dates:** Starting 5/17

Time: Mornings Fee: \$15.00

#### **Junior Golf League**

This golf league provides juniors, ages 12-17, the opportunity to learn and play golf with friends. Play will begin on Tuesday, June 28th starting at 1:00pm and continue on Tuesdays for 8 weeks through August 16th. Students will be grouped by age and have their handicaps calculated. "Clubhouse cash" will be awarded as prizes for students to purchase snacks, golf accessories, or more golf. Students need to provide their own clubs, balls and tees. Sneakers or golf shoes are acceptable footwear. A one time registration fee is paid to Parks & Rec prior to the league start and a weekly \$15 fee payable to Sunset Hill covers greens fees, prizes, etc.

Day: Tuesday Dates: Starting 6/28

Time: Afternoons Fee: \$15.00

# Golf Lessons

#### Golf Lessons

Open to golfers of all skill levels, these classes are intended to provide students with a solid base in the



fundamentals of golf, as well as get them prepared to play and enjoy the game. Beginners, who have never played, and more experienced players who want to improve their game will benefit from these classes.

Class 1: Introduction/set-up and swing with irons.

Class 2: Review/set-up and swing with woods.

Class 3: Pitch shots and bunker play.

Class 4; Chipping and putting.

During classes, the group will also work on faults and fixes, drills, rules & etiquette, course management and strategy, some computer video swing analysis and more. Bring your own clubs or Golf Quest will provide them for you. A 7 & 5-iron will be used during the first class. Women's only classes are offered for those who may feel more comfortable in that setting. If there are not enough participants, these classes may be combined. <a href="https://www.golfquestranges.com">www.golfquestranges.com</a>

#### **Adult Novice Lessons**

Time: 6:30-7:30pm

**May:** Tuesdays, 5/3—5/24 **June:** Thursdays, 6/2—6/23 **July:** Tuesdays, 7/5—7/26

August: Wednesdays, 8/3-8/24

September: Thursdays, 9/8—9/29 (6:00-7:00pm)
Women's Only Beginner Lessons

**Time:** 6:30—7:30pm

May: Mondays, 5/2—5/23 June: Wednesdays, 6/1—6/22 July: Thursdays, 7/7—7/27 August: Mondays, 8/1—8/22

**September:** Wednesdays, 9/7—9/28 (6:00-7:00pm)

#### Junior Lessons (Ages 7-14)

**Time:** 4:30—5:30pm

**May:** Tuesdays, 5/3—5/24 **June:** Thursdays, 6/2—6/23 **July:** Tuesdays, 7/5—7/26

**August:** Wednesdays, 8/3—8/24 **September:** Thursdays, 9/8—9/29

All Lessons:

Fee: \$150.00 (1 Month, 4 classes)

Place: Golf Quest, 1 Sand Cut Rd., Brookfield



# Tennis Lessons

#### Fairfield County Tennis (FCT)

#### Tennis Clinics for ages 3 & up

Weekly tennis lessons will be offered with FCT professionals at Cadigan Park. All skill levels are invited to join these clinics to learn and develop forehand, backhand, serve and volley skills. Whether you are ready to jump into the sport or want to hone your skills, these group lessons are designed for maximum participation and skill development to get you there! Quick start red and orange balls will be used for younger players. Age appropriate racquets are available for purchase from the instructor at the first meeting. All FCT lessons take place at Cadigan Park and may be cancelled for inclement weather.

Pee Wee: 3:15-4:00pm Grades K-2: 4:00—5:00pm Grades 3-5: 5:00—6:00pm

**Grades 5-7:** 5:00—6:00pm OR 6:00—7:00pm

**Grades 8-10:** 4:00—5:00pm OR 7:00—8:00pm (*spring*)

Adults: 7:00—8:00pm

Mini-Session: Mondays & Thursdays

Dates: 4/11, 4/14, 4/25, 4/28

Fee: \$75.00 Pee Wee/\$115.00 Juniors & Adults

Spring Session: Fridays **Dates:** 5/6—6/3 (5 weeks)

Fee: \$90.00 Pee Wee/\$140.00 Juniors & Adults

Place: Cadigan Park, 500 Candlewood Lake Rd.

#### **USTA Tennis in the Parks**



These lessons are for absolute beginners who want to develop the skills to serve, rally and play. Modified tennis balls, age-appropriate

rackets and court sizes will be used. Fun and engaging activities will help players successfully learn and play the game quicker! Players in their first session receive a new tennis racket and program t-shirt.

Fee: \$65.00 **Days:** Saturday

**Dates:** 4/30—6/18 (6 wks ~ no class 5/21 & 6/4)

Time: Grades 1 & 2: 9:00—10:00am Grades 3-5: 10:00—11:00am Grades 6-8: 11:00—12:00pm

Place: BHS Courts, 45 Long Meadow Hill Rd.

# Tennis Programs

#### **USTA Junior Team Tennis**

It's time to get back in the game! Brookfield is forming 10u, 12u, and 14u tennis teams for the summer of 2022! This recreational team tennis experience is open to boys and girls with previous tennis experience, who can serve, understand scoring, and have a basic knowledge of rules. This coed team offers a fun and competitive setting for players to test and work on their game. The team will practice once a week and matches will be held at 3 or 4 times over the summer. Participation in this program requires a USTA membership which can be obtained at www.usta.com. Those who may be tentative about joining due to their skill level and experience should contact the office for evaluation.

**Practices:** Tues., beginning 6/27 from 5-6 or 6-7pm

Matches: Dates and times TBD

Fee: \$150.00pp—coaching, practices and match fees

Place: BHS Courts, 45 Long Meadow Hill Rd.

#### **Brookfield Open Classic Tournament**



Brookfield Parks & Recreation will offer a tennis tournament again this summer! Juniors and adults are encouraged to sign up and test their skills against other local players. All players are guaranteed two

matches and a t-shirt for participation. Round robin or bracket play will be scheduled depending on the number of participants. Match times will be emailed directly to participants. Tournament matches will take place at the BHS courts, 45 Long Meadow Hill Rd. If adult players are rated, please indicate that during registrations. 2.5 to 4.5 for singles. 5.0—9.0 combo for doubles

#### **Juniors:**

Days: Tuesday & Wednesday

**Dates:** 8/16 & 8/17 Time: Varies

Fee: \$35.00/single ~ \$50.00/doubles

Adults (18+):

Days: Friday & Saturday

Dates: 8/19 & 8/20 Time: Varies

Fee: \$40.00/single ~ \$55.00/doubles

# Tot Programs

#### **Ballet for Tots**

This class will introduce boys and girls, ages 3-5, beginning ballet exercises in an energetic, creative, and nurturing way. Students are introduced to the world of dance through exercises that enhance musicality, performance and coordination. There will be a final performance at the end of the last class for family and friends. This is a drop-off class and all dancers need to be potty trained.

Girls – leotard, tights, ballet shoes.

Boys – t-shirt, sweatpants, and ballet shoes.

**Day:** Thursday **Time:** 10:30—11:30am

**Dates:** 5/5—6/9 (6 wks) **Fee:** \$85.00 **Place:** Congregational Church Room

**Instructor:** Tatiana Prip

Recommended attire:

#### **NEW ~ Toddler & Me Run Fun**

A time for toddlers and caregivers to connect, laugh, and have fun! This high energy program will have little ones and their caregivers participating alongside one another in simple activities like traffic light, ready, set, go!, tag, and "run mama/daddy". Join us for a fun workout and way to meet other caregivers and playmates. This program will take place outside on the lawn in front of the Town Hall Bandstand and may be cancelled for inclement weather.

**Day:** Saturday **Time:** 10:00—10:45am **Dates:** 4/30—6/11 (6 wks ~ no class 5/21)

**Instructor:** Maria Cruz-Andrade **Fee:** \$90.00 **Place:** Town Hall Bandstand, 100 Pocono Rd.

#### NEW ~ Story Time & Crafts



Pre-school and kindergarten students are invited to meet local children's book author, Terri Sorrentino, will read her book "Sofia's Upside Down Day" and provide crafts for

students to work on after. Come meet new friends and share a morning of stories & fun!

**Day:** Wednesday **Time:** 10:00—11:00am

**Dates:** 6/15 **Fee:** \$15.00

Place: Town Hall Bandstand, 100 Pocono Rd.

# Tot Programs

#### **Music Together**

Spring classes now forming! The cornerstone of the Music Together® program is their Mixed-Age music class, for children from birth through age 5, and the grownups who love them! Gathering babies, toddlers, and preschoolers together makes each class fun for all. Each week, a trained Music Together teacher leads the class in singing, dancing, and playing songs that range from tender lullabies to boisterous jams using child-friendly percussion instruments.

Join us for the Tambourine Song Collection this Spring! Program details and registration available at www.mtdanbury.com

#### Spring Classes begin April 26th & 29th at the Town Hall Bandstand

Tuesday and Friday mornings at 10:00am

#### Music Lessons

#### **Guitar Lessons**



Have fun learning the fundamentals of guitar from our talented local singer,

songwriter, and guitarist! Frank Enea, creator of "The Night Begins to Shine" and character on Cartoon Network's hit show "Teen Titans Go!" will offer in–person or virtual lessons. Playing guitar is a lifelong hobby and assists in a child's development, instills confidence, inspires creativity, and yeah, it's cool too! This one on one lesson is customized to meet the students own goals and skill sets. Lesson times will be set with Frank after registration. More info is available at www.satellitemusicstudios.com

**Lessons:** Four, 30-min. Lessons **Fee:** \$200.00 **Day:** Wednesdays **Place:** WMS Music Room

Time: 30 minutes between 4:00-6:00pm

#### **Drumming Lessons**

Face the Music Together(!) with Don O'Keefe, private drum instructor and a Berklee College of Music Alumni with over 40 years experience performing and teaching. He believes that every drummer, teacher and student alike, has a voice to offer to the drumming community and those willing to put in the time can become proficient at the drums. Don can offer you or your kids the proper guidance on a musical journey! More information available online. Register via email.

**Website:** www.facethemusictogether.com **Email:** faceTheMusicTogether@yahoo.com

# **US SPORTS SQUIRTS**

# US SPORTS SQUIRTS

Spring Session Dates: Saturdays: 4/23—6/18 Sundays: 4/24—6/19 Thursdays: 4/21—6/9

\*no classes Memorial Day Weekend 5/28 & 5/29

**Fee:** \$170.00 **Location:** Town Hall Activity Field, 100 Pocono Rd.

#### Squirts Multi-Sport (Ages 3-4)

This USSI program allows children to experience a different sport each week.

This is the perfect intro to athletics for your future athlete! All sports are taught in a safe, structured and fun learning environment. Each session is comprised of games & activities designed to ensure learning & most importantly, FUN! Participants will experience lacrosse, soccer, t-ball, track & field & flag football. Each child receives a USSI t-shirt.

#### **Class Options:**

• **Day:** Saturday **Time:** 9:00—9:50am

#### Squirts T-Ball (Ages 3-4)

USSI T-Ball Squirts is a great way to introduce your young slugger to the game of baseball or softball. Open to boys and girls, the program will utilize fun games and

activities to help develop their skills in hitting, throwing, base running, and fielding. At the end of each session, participants will apply these skills into realistic mini game situations. Each child receives a US Sports Institute t-shirt.

#### **Class Options:**

Day: Saturday
 Day: Saturday
 Day: Saturday
 Day: Sunday
 Day: Time: 12:00—12:50pm
 Day: Thursday
 Day: Time: 4:00—4:50pm



More information and online registration available at:

#### www.ussportsinstitute.com

Registration also available through Parks & Recreation

203-775-7310

#### Parent & Me Soccer Squirts (Ages 2-3)

With a parent participating by their side, toddlers learn the fundamentals of soccer through a series of structured activities, fun-based games, and scrimmages. Each session focuses on maximizing participation and learning through a variety of games designed to stimulate a child's imagination and develop motor skills. Parents can spend quality time with their child while easing them into social situations with support and confidence. Each child receives a US Sports Institute t-shirt.

#### **Class Options:**

• **Day:** Saturday **Time:** 9:00—9:50am

• **Day:** Sunday **Time:** 9:00—9:50am

#### Squirts Soccer (Ages 3-4)

USSI's Soccer Squirts is the perfect introduction to the most popular sport in the world! Boys and girls ages 3 -5 will learn the fundamental skills of soccer, including dribbling, passing, shooting and defending. Soccer Squirts classes are taught through structured activities, fun games and scrimmages designed to ensure learning, and most importantly, fun, fun, fun! Each child receives a US Sports Institute t-shirt.

#### **Class Options:**

Day: Sunday
 Day: Time: 10:00—10:50am
 Time: 5:00—5:50pm

#### Parent & Me Multi-Sport Squirts (Ages 2-3)



With a parent participating by their side, this program will stimulate a child's imagination, develop motor skills and encourage social interaction. Children will experience a different sport each class, which may include soccer, lacrosse, T-ball & flag football. Each child receives a US Sports Institute t-shirt.

#### **Class Options:**

Day: Sunday Time: 11:00—11:50am
 Day: Thursday Time: 3:00—3:50pm

# Youth Fitness

#### **Camp Cadigan**

This multi-sport camp takes place during the Brookfield Public School's



spring break. Students in grades 2-6 are invited to attend this half day camp and play a variety of sports and games at Cadigan Park. Each day, campers will participate in sport related activities and large group games in sports such as soccer, kickball, flag football, backyard games, racquet sports, and more! This program takes place outdoors and may be cancelled for inclement weather. Friday, 4/22, will be held as a makeup day in case of any postponements. Campers should wear weather appropriate clothing that is easy to run around in and sneakers. There be breaks each day so bring a snack or two and water bottles for the morning.

Day: Monday—Thursday (Friday rain makeup)

Time: 8:30am -12:00pm

**Dates:** 4/18—4/21 (4 days) **Fee:** \$144.00

Place: Cadigan Park, 500 Candlewood Lake Rd.

#### Intro to Taekwondo ~ Grades K & up

Now more than ever before, Taekwondo is sought for. Students can learn to socialize, speak up, build confidence and self-esteem. Master Kris focuses a lot on respect and the love of the family. Taekwondo teaches much more than kicks, punches, and defense. It can also help children focus, become peaceful, and gain the confidence needed in school and life in a fun and exciting way. World Champion Taekwondo's instructors will allow your child to try out the sport right after school. These programs are for first time students only. Dress in loose comfortable clothing. Mask is optional and parents can watch the first few classes. Registration includes two classes per week.

#### Grades K & 1:

Days: Mon. & Wed. at 4:20pm

<u>Grades 2-4:</u> (choose 2 classes out of 3 weekly) **Days**: Mon. at 6:20, Wed. at 5pm or Fri. at 4:20pm

Junior & Adult 13+:

Days: Tue. & Thur. at 6:20pm or 7pm

Fee: \$129.00

**Dates:** 4/25—5/26 (2 classes/week)

Place: WCT, 317 Federal Rd., Brookfield.

# Youth Fitness

#### Grit Ninja ~ New!

The Grit Ninja has packed up equipment and is ready to turn Town Hall into a unique ninja warrior obstacle course! During each action-packed class, aspiring ninjas will climb, swing, jump and run on our ever-changing equipment (which includes a warped wall, rock wall, rings swings, rope swings, pipe sliders, parkour stations, balance games and so much more)! Our program is designed by The Grit Ninja's professional coaches - many of whom have competed on NBC's American Ninja Warrior. Our coaches will guide ninjas as they tackle our fun obstacles that build strength, coordination, agility, balance, problem-solving skills, self-confidence and, most importantly, GRIT!

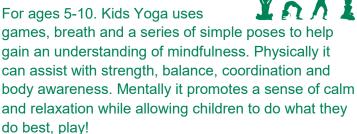
**Day:** Monday **Fee:** \$198.00

**Dates:** 4/25—6/6 (6 wks ~ no class 5/30)

Times: Grades K & 1: 4:15—5:05 Times: Grades 2-6: 5:15—6:05

Place: Town Hall Activity Field, 100 Pocono Rd.

#### Kids Yoga



**Day:** Sunday **Time:** 10:00—10:30am **Dates:** 5/15—6/12 (4 wks ~ no class 5/29)

Fee: \$60.00 Instructor: Miss Christina

Place: Fit for You Studio, 195 Federal Rd, Brookfield

#### **YOUTH FITNESS**

#### **Beach Volleyball Clinics**



Grades 5-6 & 7-9

Summer is the time to try new things! No experience necessary! This weekly clinic will allow young volleyball players new to the game the opportunity to learn and develop foundational volleyball skills and returning players to work on conditioning for the fall season. Weekly activities, drills, and games will work on ball control, setting, spiking, rules, and teamwork. Outdoor and indoor rules will be taught. Players should wear comfortable athletic clothing and sneakers. Bring a water bottle! This clinic is coached by Westconn Volleyball Player, Abbi Debes and will be held at the Town Park Beach sand court. The class will meet each Monday except for the last class will be held on Wed., 8/17.

Days: Monday **Dates:** 7/11—8/15 (6 wks)

**Gr. 5 & 6:** 5:30—6:30pm Fee: \$66.00

**Gr. 7-9:** 6:30—7:30pm

Place: Town Beach, 500 Candlewood Lake Rd.,

#### CENTER AFTER SCHOOL

#### Kids Yoga (Grades K/1)



Yoga fosters creativity, sharing, focus, self-esteem and rewards each student **YD60** with a peaceful mind and body. This yoga class for grades K and 1 meets each child where they are and playfully

invites children to improve strength, flexibility, and coordination through basic yoga poses. Children will learn strategies to improve focus and self-regulation, learning to calm their bodies down through selfawareness and breathing techniques. Through the practice of relaxation, yoga poses, partner and group poses, and yoga games children will learn self-respect and respect for others. Kids should wear comfortable clothes that are easy to move in and will participate barefoot. Please bring a water bottle; yoga mats will be provided. Instructor Sharon Poarch is a Physical Therapist with the Brookfield Schools with certifications as a yoga instructor.

Day: Monday **Time:** 3:30 – 4:30pm

**Dates:** 4/25—6/6 (6 wks ~ no class 5/30) Place: CES Music Room Fee: \$60.00 Instructor: Sharon Poarch RPT, RYT-200

#### **CENTER AFTER SCHOOL**

#### **Drawing Mixed Media**



Paint, Draw & More! drawing classes teach young artists in grades K - 1 to draw what they see, to enhance their drawings with their own ideas and concepts, and to use different materials in creative ways.

Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials we can to help our students obtain the best results for their efforts. For more info, visit

www.paintdrawmore.com.

Day: Thursday **Time:** 3:30—4:30pm

**Dates:** 4/28—5/26 (5 wks) Fee: \$110.00

Place: CES Room Instructor: Steve Burke

#### **Net Generation Tennis**

This program is for beginners or players on a path to develop their tennis skills in grades K/1. The program is taught with Net Generation games and lesson plans, a USTA national program for beginner and intermediate players. The class is highly interactive with all players constantly participating. Players should wear loose comfortable clothing and sneakers. Extra racquets are available.

Day: Tuesday **Time:** 3:30—4:30pm

**Dates:** 4/26—5/31 (6 wks) Fee: \$90.00 Instructor: David Mwanza Place: CES Gym

#### **Sports Celebrated**



This long running program offers boys and girls in grades K/1 the opportunity to participate in a variety of sports

related games and activities each week. These activities will help students to learn and develop their hand-eye coordination, balance and agility while teaching some of the basics of various sports and games. Pack an extra water bottle for the class.

Day: Thursday **Time:** 3:30 – 4:30pm

**Dates:** 5/5—6/9 (6 wks) Place: CES Gym

Instructor: Ashley DeFreitas Fee: \$72.00

# Center After School

#### Wizards School of Magic K/1



Students in grades K & 1 will learn four magic tricks from full-time professional magician Tom O'Brien after school at Center School. Tom has performed hundreds of shows around Litchfield and

Fairfield counties and appeared on Fox 61 and WSFB's Better Connecticut. Tom O'Brien is a master of his craft and is superb at entertaining children while teaching. Students will receive their own magic kits with props to perform at home, and a magic wand! Register before the spaces – alakazaam – disappear!

Instructor: Tom O'Brien Place: CES Room

Abracadabra - Magic Workshop 1:

Friday, April 29 **Time:** 3:30—4:30pm

<u>Hocus Pocus – Magic Workshop 2</u>:

Friday, May 20 **Time:** 3:30—4:30pm

Fee: \$18.00/workshop

#### Ballet for K/1

This class will introduce boys and girls in grades K and 1 to age appropriate beginning ballet exercises in an energetic, creative, and nurturing way. Students are introduced to the world of dance through exercises that enhance musicality, performance and coordination. There will be a final performance in the last class for family and friends. All students of this age are welcome even if they do not attend CES. Two classes offered.

Recommended attire: Girls – leotard, tights, ballet shoes. Boys – t-shirt, sweatpants, and ballet shoes.

**Day:** Thursday **Dates:** 5/5—6/9 (6 wks) **Day:** Friday **Dates:** 5/6—6/17(6 wks)

**Time:** 3:30 – 4:30pm **Fee:** \$72.00

Instructor: Tatiana Prip Place: CES Room

#### TAG! You're It!



This high energy program will be a great way to end school day! This classic backyard game has hundreds of

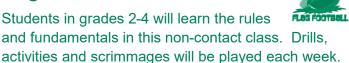
variations and includes capture the flag style games with teamwork and strategy! Each week the group will play the favorites and explore new ones. Please pack an extra water bottle for the class.

**Day:** Wednesday **Time:** 3:30 – 4:30pm **Dates:** 5/4—6/8 (6 wks) **Place:** CES Gym

Instructor: Ashley DeFreitas Fee: \$72.00

#### **HHES After School**

#### Flag Football



**Day:** Monday **Time:** 3:30—4:30pm **Fee:** \$66.00

**Dates:** 4/25—6/6 (6 wks ~ no class 5/30)

Place: HHES Lower Gym Instructor: Matt Cudney

#### **Net Generation Tennis**

This program is for beginners or players on a path to develop their tennis skills in grades 2-4. The program is taught with Net Generation games and lesson plans, a USTA national program. The class is highly interactive with all players constantly participating. Players should wear loose comfortable clothing and sneakers. Extra racquets are available for use.

**Day:** Wednesday **Time:** 3:30—4:30pm

**Dates:** 4/27—6/1 (6 wks) **Fee:** \$90.00

Place: HHES Lower Gym Instructor: Nia Sterling

#### **NEW** ~ Everyone Can Be An Author!



Learn how to organize and structure your own great story! Join local author, Terri Sorrentino, as she reads her book "I Am a Bird on

Candlewood Lake". Activities each week, with Terri's guidance, will teach each student how to turn their interests into a great book!

**Day:** Wednesday **Time:** 3:30—4:30pm

**Dates:** 5/4—5/25 (4 wks) **Fee:** \$48.00

Place: HHES Classroom

#### Let's Make Music! ~ New!



Students in grades 2-4 are invited to join musician Premik Russel Tubbs in making music! Students will start in learning basic rhythms as the foundation for musical creativity. Along with learning how to create and play these rhythms, fundamentals of Jazz and American music history will be discussed. Premik is a professional musician who has toured and recorded with performers like Lady Gaga, James Taylor, Elton John, and Carlos Santana. He is a member of Sting's house band at his concerts for the rainforest and teaches in schools and libraries. Bring an instrument if you have one! Basic percussion tools are provided.

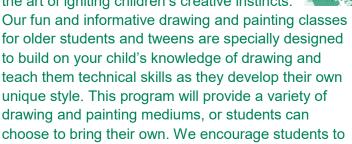
**Day:** Friday **Time:** 3:30-4:30pm **Dates:** 4/29—6/10 (6 wks ~ no class 5/27)

Fee: \$72.00 Place: HHES Room

#### **HHES After School**

#### **Drawing Mixed Media**

Paint Draw & More is proud to have perfected the art of igniting children's creative instincts.



www.paintdrawmore.com.

**Day:** Friday **Time:** 3:30—4:30pm **Date:** 4/29—6/3 (5 wks ~ no class 5/27)

Fee: \$110.00 Place: HHES Upper Gym

work in black and white, or color; whichever best

achieves their vision. For more information visit,

Instructor: Susan Jackson

#### Find Your Happy Place

Are you prepared to make new friends, play games, use your mind to create and learn some really awesome life lessons? Then this journey is for you. Boys and girls will visit topics on gratitude, positive-thinking, self-love, self-esteem building, resilience, good decision-making and compassion. Each week, discover a different topic through games, crafts, writing, role-playing, and meditation. Come join this voyage and learn about yourself and the connection to the others around you!

**Day:** Wednesday **Time:** 3:30 – 4:30pm

**Dates:** 5/4—6/8 (6 wks) **Fee:** \$72.00

Place: HHES Classroom Instructor: Kelly Viera

#### Wizards School of Magic 2-4



Students in grades 2-4 will learn four magic tricks from full-time professional magician Tom O'Brien after school at Huckleberry.

Tom has performed hundreds of shows and appeared on Fox 61 and WSFB's Better Connecticut. Tom O'Brien is a master of his craft and is superb at entertaining children while teaching. Students will receive their own magic kits containing props to perform at home, and a magic wand! Register before the spaces – alakazaam – disappear!

#### Abracadabra - Magic Workshop 1:

Tuesday, April 26 **Time:** 3:30 – 4:30pm

**Hocus Pocus - Magic Workshop 2:** 

Tuesday, May 17 Time: 3:30 – 4:30pm Fee: \$18.00/workshop Place: HHES Room

#### **WMS After School**

#### **Net Generation Tennis**

This program is for beginners or players on a path to develop their tennis skills in grades 5-8. The program is taught with Net Generation games and lesson plans, a USTA national program for beginner and intermediate players. The class is highly interactive with all players constantly participating. Players should wear loose comfortable clothing and sneakers. Extra racquets are available for use.

**Day:** Thursday **Time:** 2:45—3:45pm

**Dates:** 4/28—6/2 (6 wks) **Fee:** \$90.00

Place: WMS Gym Instructor: Nia Sterling

#### \*NEW\* ~ Learn to Play Volleyball

This program will introduce interested boys & girls to the sport of volleyball. Participants will learn the foundational skills of bumping, setting, spiking, and serving through drills and activities. Knee pads are recommended but not required. Bring a water bottle.

**Day:** Wednesday **Time:** 2:45—3:45pm

**Dates:** 5/4—6/8 (6 wks) **Fee:** \$66.00 **Instructor:** Stacey Snyder **Place:** WMS Gym

#### **Guitar Group Lessons**

Have fun learning the fundamentals of guitar from a talented local singer, songwriter, and guitarist! Frank Enea, creator of "The Night Begins to Shine" and character on Cartoon Networks hit show "Teen Titans Go!" will offer after school lessons. Playing guitar is a lifelong hobby and assists in a child's development, instills confidence, inspires creativity, and yeah, it's cool too! This group lesson is customized to meet the student's own goals and skill sets. More info available at <a href="https://www.satellitemusicstudios.com">www.satellitemusicstudios.com</a>

**Day:** Wednesday **Time:** 3:00 – 3:45pm

**Dates:** 5/4—5/25 (4 wks) **Fee:** \$180.00

Place: WMS Music Room Instructor: Frank Enea

# Day Camps

#### Camp PeeWee

#### **Ages 4 & Entering Kindergarten**

Camp PeeWee offers young and first time campers the opportunity to join a fun-filled day camp right in town. Alongside Camp Bobcat, campers will participate in new and familiar activities like arts & crafts, games, story time, and daily theme activities with friends new and old! Special events and performers each week will highlight your campers experience. This camp will take place at Whisconier Middle School. Counselor to camper ratio will be 5 to 1 at the most for this camp.

Days: Monday—Friday Weeks: See below

Time: 9:00am – 12:30pm Fee: \$130.00

Place: WMS, 17 W. Whisconier Rd., Brookfield.

# Camp Bobcat Entering Grades 1-5

Camp Bobcat will be held at

Whisconier Middle School this summer for boys and girls entering grades 1-5. This half day camp features all of your classic summer camp memory makers! Organized activities, sports, and arts & crafts projects will fill the morning. There are also periods built into each day for campers to have free and creative play with friends on the playground. The half day experience is perfect for those who may be new to a camp setting! Returning campers are sure to find new activities, themes, and experiences as well. Special events, performers and workshops will help frame each week with its own theme. Group sizes will be limited and a camper to counselor ratio of 6 to 1. Thursday is beach day! For grades 2-5, camp will be at the Town Park Beach on Thursdays with drop off and pick up at Cadigan Park.

Days: Monday—Friday Weeks: See below

Time: 9:00am - 12:30pm Fee: \$130.00

Place: WMS, 17 W. Whisconier Rd., Brookfield.

#### Camp Weeks

 Week 1: June 27—July 1
 Week 5: July 25—29

 Week 2: July 5— 8\*
 Week 6: August 1—5

 Week 3: July 11—15
 Week 7: August 8—12

 Week 4: July 18—22
 \*Week 8: August 15-19

 \*Camp Cadicopia Only

\*July 4th week will run Tuesday—Friday at a discounted rate.

# Day Camps

#### Camp Cadicopia

#### **Entering Grades 3-6**



Camp Cadicopia is a day camp open to boys and girls entering grades 3-6 that takes place at Cadigan Park and the Town Park Beach. Experienced counselors lead this camp which offers structured games and activities, arts and crafts, sports, and lots of free play including beach activities and swimming! Each morning, camp starts at the Cadigan Pavilion where campers have time for board games and free play. A group activity follows before everyone heads to the beach! In the afternoon, camp heads back across the street to the park to utilize the turf fields, tennis and basketball courts. This summer, themes in nature. sports and fitness, the arts, and culture will frame each week with special activities, crafts, and games. A weekly trip to local entertainment venues and Friday pizza lunch is included!

**Days:** Monday - Friday **Weeks:** See pg. 17

**Time:** 9:00am – 5:00pm **Fee:** \$235.00

Place: Cadigan Park, 500 Candlewood Lake Rd.

#### Early Drop Off/Late Pickup Available:

Early drop-off (8-9am) and late pick-up (5-6pm) is available for families at an additional cost. Please indicate this option at to time of registrations.

Early drop-off: \$25/week Late pick-up: \$25/week

Afternoon Only at Cadicopia:

For students with morning activities! Limited space available each week.

**Time:** 12:00-5:00pm **Fee:** \$115.00/week

#### **Counselor in Training**

#### Ages 14 & 15

Boys & girls, ages 14 and 15, are invited to join our CIT program that will teach them the skills needed to become successful camp counselors.

CITs learn by doing and will gain lots of child care experience! Each CIT is paired with a Camp PeeWee or Camp Bobcat counselor group and help facilitate games, supervise play and mentor campers. CITs receive a t-shirt and handout resources to take home. Limited spots available each week. This program does not guarantee future employment.

**Days:** Monday - Friday **Weeks:** See pg. 17

**Time:** 9:00am – 12:30pm **Fee:** \$70.00

Place: WMS, 17 W. Whisconier Rd., Brookfield.

# Day Camps

# Camp Voyager Entering Grades 6-9



Camp Voyager is back for the summer of 2022! This travel camp for boys and girls entering grades 6-9 meet Mon.-Thurs. on select weeks for adventures in CT and NY. The camp is led by experienced, collegeaged counselors with a camper to counselor ratio of 8:1. Each day is a new destination! This summer, the group will visit state parks and beaches, go bowling and play mini-golf, get wet at various water venues, attend a baseball game, and visit Lake Compounce! All trips, bus transportation, and a t-shirt are included in the fee. School busses and coach busses will be used for select, longer trips. Weekly schedules will not be available until the camp week approaches. We do our best to ensure that each week provides a variety of activities and experiences. Full schedules, detailed letter to parents, and expectations will be emailed to parents the week prior to camp. Morning drop off location TBD. Pickup at Cadigan Park.

**Days:** Monday—Thursday Time: 9:00am—5:00pm

**Week 1:** 7/11-7/14 **Week 2:** 7/25-7/28

Week 3: 8/8-8/11 Fee: \$292.00 Early Drop Off/Late Pickup Available:

Early drop-off (8-9am) and late pick-up (5-6pm) is available for families at an additional cost. Please indicate this option at to time of registrations.

Early drop-off: \$25/week Late pick-up: \$25/week

# Sport Camps

# Kevin McGinniss' Slamma Jamma Basketball Camp



For students entering grades 1-9! Participants will receive individual and group instruction on all aspects of the game of basketball as taught by Coach

Kevin McGinniss and his assistants. This co-ed camp also features a shirt for every player, games, and contests. All participants will receive their own regulation game ball. All campers should bring a water bottle and snacks. Snacks will be available for purchase. Campers are grouped by age and ability.

**Days:** Monday - Friday **Time:** 8:30am-12:00pm

**Dates:** 7/11 – 7/15 (1 wk) **Fee:** \$135.00

Place: BHS, 45 Long Meadow Hill Rd., Brookfield.

# **Sport Camps**

#### **Junior Volleyball Camp**

This camp is perfect for boys and girls who want to learn and develop basic skills of the game! Students entering grades 5—8 are invited to the BHS gyms to work on serving, setting, and hitting through activities, drills and games. Fun games and challenges will be played each day! This camp is great for those who want to have fun with friends as well as those working towards trying out for the high school team. Bring a snack and water bottle each day. Camp shirt included.

**Days:** Monday - Friday **Dates:** 7/18-7/22 (1 wk)

**Time:** 8:30am – 12:00pm **Fee:** \$95.00

Place: BHS, 45 Long Meadow Hill Rd., Brookfield.

#### **Volleyball Camp**

This recreational volleyball camp is designed for boys and girls in grades 9-12 who are looking to improve their game and keep their skills up in the summer. Beginners are welcome and will learn the basics of passing, setting, hitting, serving, blocking, and court positioning. Conditioning will be a daily aspect of camp as well. Campers should bring a water bottle, snack, and lunch each day. The camp runs for two weeks. Participants may register for individual weeks for \$100pp. Camp t-shirt included.

Days: Monday - Friday Dates: 7/25—8/5

**Time:** 9:00am – 1:00pm **Fee:** \$200.00

Place: BHS, 45 Long Meadow Hill Rd., Brkfd.

#### Golf Quest Golf Camps Ages 7-14

Junior golfers, with or without previous experience, will enjoy learning the game of golf in a fun atmosphere! Camp includes the fundamentals of the golf swing, woods and irons, pitching and sand play, chipping and putting, contests, rules and etiquette, video swing analysis, and mini-golf tourney! Campers may bring their own clubs or use those provided. Golf camp is \$249.00 per person and runs Monday through Thursday. Monday, Tuesday, and Wednesday is held at Golf Quest, 1 Sand Cut Rd. in Brookfield from 9am to noon. Thursday is held at Gainfield Farms, 225 Old Field Rd. in Southbury from 9:30-11:45am. Transportation is not provided to Gainfield Farms.

Week 1: June 20—23 Week 6: July 25—28 Week 2: June 27—June 30 Week 7: August 1—4 Week 3: July 4—7 Week 8: August 8—11 Week 4: July 11—14 Week 9: August 15—18

**Week 5:** July 18—21

18

# **Sport Camps**

#### **Tennisclubz Tennis Camps**

Tennisclubz tennis camps offers an exciting tennis camp geared for all levels of play. Campers ages 6-16 will develop lifetime skills in the sport of tennis. Working with qualified and trained instructors, students will learn and improve upon fundamental tennis strokes and the skills and etiquette necessary to become successful tennis players. USTA Net Generation activities and lesson plans will be used as the basis for instruction each day. Campers should wear sneakers, athletic clothing, bring a racquet, water bottle & two snacks each day. Wednesdays are retro days! Wear your retro tennis gear and bring old racquets if you have them. Fridays are fun-filled with on and off court games, team activities and an award ceremony. One camp T-shirt for the summer is included in the fee. In case of inclement weather, a day may be cancelled. Camp director David Mwanza is a local tennis professional and administrator with over 16 years of experience in camps & as a teaching professional including 13 years in Brookfield.

Days: Monday - Friday Fee: \$195.00

**Week 1**: 6/27—7/1 **Week 2**: 7/11-7/15

Week 3: 7/18-7/22 Week 4: 8/1-8/5

**Week 5**: 8/8-8/12 **Week 6**: 8/15—8/19

**Time:** 8:30am – 12:00pm

Place: BHS Courts, 45 Long Meadow Hill Rd.

#### Afternoon Match Play (Optional Add On)

Additional match play will be offered on Tuesday and Thursday afternoons, 12:00-2pm. After a 30 minute lunch, players who qualify can choose to stay after and play matches against other campers. Players must be able to serve and rally a few shots in order to qualify. Parents can check in with coaches after the first day if interested in match play.

#### **Summer Fest Tennis Drop-In Pass:**

**10 Times:** \$450.00 **15 Times:** \$750.00

Registration fee payable by cash or check only. Come to any camp session over the summer as a drop in. This pass is convenient for families who travel or who have other plans and want a flexible schedule to still participate in tennis. A notice for attendance is required or dates provided. There are no refunds except for rain makeups.

# Sport Camps

#### Mini-Hawk Multi Sports Camp

This multi-sport program, for ages 4-6, was developed to give campers a positive first step into athletics! The essentials of baseball, basketball, and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun! The Mini-Hawk games and activities are designed to allow campers to explore balance, movement, hand-eye coordination, and skill development at their own pace. Skyhawks staff members are trained to handle the specific needs of young athletes. Camper to coach ratio will not exceed 8:1. Campers should wear weather appropriate clothing for outdoor play, sneakers and bring along 2 snacks and a water bottle each day. In case of rain, this program will meet in the gym.

Days: Monday - Friday Dates: 8/8—8/12
Time: 9:00am – 12:00pm Fee: \$139.00
Place: Whisconier Middle School Back Fields

#### Skyhawks Multi Sports Camp

7-11, was designed to introduce young athletes, ages 7—11, to a variety of sports in one setting. Four sports are combined into one, fun-filled week! Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of multiple sports along with valuable life lessons such as respect, teamwork, and self-discipline. Campers should wear weather appropriate clothing for outdoor play, sneakers and bring along 2 snacks and a water bottle each day. In case of rain, this program will meet in the gym.

The Skyhawks multi-sport camp, for ages

Days: Monday - Friday Dates: 8/8—8/12
Time: 9:00am – 2:30pm Fee: \$175.00
Place: Whisconier Middle School Back Fields

#### **Acting Camp**

1st through 4th graders are invited to theatre camp this summer! These young actors will play theatre games, learn movement for the stage, beginning vocal exercises and character development. The day will also include a craft and story time. Actors should wear comfortable clothing to move around in and sneakers. This camp is open to new and experienced campers.

Instructor: Tatiana Prip Place: HHES Room

# Dance Camps

Afternoon Camp:

Land of Sweets

Hip/Hop Jazz

Cont. Dance

Swan Lake

#### **Ballet Dance Camp Dates & Details:**

**Morning Camp:** 

\*July 5-8: Princess Ballet

July 11-15: Magical Realms

August 1-5: Le Corsaire

August 8-12: Midsummer Fairies ¦

August 15-19: Nutcracker

**Morning Camp:** 8:45-11:15am

Afternoon Camp: 11:30—2:00pm

Fee: \$129.00 (\*\$103.00—7/5-7/8—no camp 7/4)

Location: HHES, 100 Candlewood Lake Rd.

Attire: Female-ballet slippers, tights and leotards

Male-t-shirt, shorts and ballet slippers

Bring water and a healthy snack each day.

#### Princess Ballet Camp ~ Grades K/1

Come pirouette with us this summer for a week of dance, games, acting, crafts and more! Days will be themed around favorite princesses Elsa, Jasmine, and Moana. Dancers will learn about ballet and themselves in a fun nurturing environment! All dancers must be potty trained and should bring a snack, water bottle, and extra change of clothes. Princes welcome! There will be parent observation on the last day of camp.

#### Swan Lake Ballet Camp ~ Grades 2-4

This more advanced workshop builds upon the technique classes to focus on the Swan Lake Ballet. Dancers will have a technique class each day followed by and exploration of the ballet and its story, choreography and music through acting class, contemporary dance class, games, crafts, and story times. There will be a mini-recital the last day of camp.

#### Midsummer Fairies ~ Grades K/1

Join us on a journey full of fun and fairy dust! Dancers will have enchanting days where magic and movement have them dancing like fairies from their favorite stories. Long hair should be in a bun for this camp. There will be a mini-recital on the last day of camp.

#### Contemporary Dance ~ Grades 1-4

Learn contemporary, modern, and jazz dance styles that encourage dancers to explore emotions and express themselves! Spend time working on technique along with musicality and performance qualities. There will also be arts & crafts time each day encouraging expression and building friendships with other dancers.

# Dance Camps

#### Le Corsaire: The Pirate Princess ~ Grades 2-4

This more advanced workshop builds upon techniques classes to focus on the exciting story of Le Corsaire: The Pirate Princess Ballet. Dancers will have a daily technique class followed by and exploration of the ballet and its story, choreography and music through acting class, contemporary dance class, games, crafts, and story times. Long hair should be in a bun for this camp. There will be a mini-recital on the last day of camp.

#### Nutcracker-Palooza Dance ~ Grades 2-4

Join us for this fun & exciting kick-off to every dancer's favorite season—Nutcracker season! Dancers will learn choreography from favorite roles in the Nutcracker while also making friends and improving ballet technique. Long hair should be in a bun for this camp. There will be a mini-recital the last day of camp.

#### Land of the Sweets ~ Grades K/1

Join the Sugar Plum Fairy and Clara on a journey through the Land of the Sweets, visiting Candy Canes, Hot Chocolate, Marzipan and other confectionary dancers. Dancers will learn choreography from the Nutcracker ballet and dance to Tchaikovsky's score. Dancers will build upon skills learned in other camps and classes or jump right in for the first time. Long hair should be in a bun for this camp. There will be a mini-recital on the last day of camp.

#### Hip Hop Jazz Dance ~ Grades 1-4

For grades 1-4. Join us for this exciting, high-energy dance camp! Dancers will develop hip hop and commercial dance skills while learning fun and fast-paced combinations. There will also be arts & crafts time each day encouraging expression and building friendships. Recommended attire will be emailed to participants. All music will have clean lyrics.

#### Magical Realms Ballet Camp ~ Ages 3-5

Every day brings adventure and dance in new magical locations like the Mermaid Grotto, Unicornland, and the Magic Kingdom. Dancers will learn ballet fundamentals in a nurturing and encouraging environment. Along with ballet technique, dancers will have ballet themed story time, arts & crafts, and meet new friends and dancers. All dancers must be potty trained. Princes welcome! There will be parent observation on the last day of camp.

# STEAM Camps

# Paint, Draw & More! Camp

Grades 1-4

It's time for summer art! We look forward to seeing you again or if you have not tried Paint, Draw & More's fun, fun, fun art camp, now's the time. Parent say, "We loved the camp! Tons of cool art projects and many masterpieces to display at the end."-AHC.

"Thank you so much for a wonderful week of camp!

My daughters loved every minute of their time"-SLF Paint, Draw & More! allows students to express their creativity while learning technical skills that help them blossom and build self-esteem through their artistic accomplishments. Whether students continue in the arts or choose another path, this creative development will enhance their intellectual growth and understanding of math, history, and the sciences.

Activities will take place indoors and outdoors depending on the weather. Each day is comprised of a full day of creating fine art, some of which will include drawing, painting, maskmaking, weaving, sculpture, bookmaking, cartooning, collage, print-making, fiber arts, puppet making and group projects. Storytelling, music making, and movement will also be added as time allows. A compilation of the week's activities may end up in an art show or small performance for the parents. Students will have snack time, lunch break, and play art & theater games. Limited to 12 campers.

**Day:** Monday – Friday **Time:** 8:30am - 2:30pm

**Dates:** 7/25 – 7/29 (1 wk) Fee: \$370.00 Place: HHES, 100 Candlewood Lake Rd.

#### **Mad Science Camp**

Cool Booming Reactions: Let's Bring Chemistry to life with hands on and mind blowing experiments to discover the wonderful world of chemical reactions. Campers will create crazy concoctions daily that will make their hearts explode with passion for science! Mixing mysterious substances we will create fizzing elephant toothpaste, sticky putty, quicksand, squiggly worms, cool snow, and tons of booming explosions! Campers receive a Mad Science Lab coat, goggles, and specially designed take homes to help extend the learning at home!

**Dates:** 8/1 – 8/5 (1 wk) **Day:** Monday – Friday

**Time:** 8:30—11:30am Fee: \$240.00 Place: HHES, 100 Candlewood Lake Rd.

# STEAM Camps

#### **Sylvan Learning Codemaker Camp Grades K-5**

Aspiring coders dive into creating animated stories and interactive experiences while learning essential programming concepts with Scratch. This drag-anddrop, creative environment, developed by MIT, uses sprites and code blocks to set a foundation of computational thinking—an essential skill in this tech driven world-enhanced by bright visuals and engaging designs. Each day, there will also be free time to code, play with art and design projects, use LEGO's and gears, and play board games, among other activities. Campers should bring a snack, lunch and refillable water bottle each day. Chrome books are provided for the campers; however, if a camper would like to load class software for use at home, they can bring their laptops and any passwords needed to load software. Camp is led by instructors from Sylvan Learning of Brookfield.

**Day:** Monday – Friday **Dates:** 7/11-7/15 (1 wk)

**Time:** 9:00am - 2:30pm Fee: \$279.00 Place: HHES, 100 Candlewood Lake Rd.

#### \*NEW\* ~ Eyes 4 Learning Camp

#### Building up S.T.E.A.M Using LEGO ® (Ages 5-6)



Children will work independently as the begin to explore simple machines using LEGO ® DUPLO® early childhood materials. Projects include spin tops,

motorcycles, and hockey players. Each day will include instruction time, free builds and snack time.

**Day:** Monday – Friday **Time:** 7:45-10:45am

**Dates:** 8/12—8/16 (1 wk) Fee: \$160.00 Place: WMS, 17 W Whisconier Rd., Brookfield.

#### S.T.E.A.M Works Using LEGO ® (Ages 7-10)

Children work with standard LEGO ® materials to problem solve pre-engineering challenges involving structure, levers, gears, pulleys, and other elements of simple machines. Projects amy include drawbridges, flywheel cars, and amusement park rides. Each day will include instruction, free builds and snack time.

**Day:** Monday – Friday **Time:** 11:45-2:45pm

**Dates:** 8/12—8/16 (1 wk) **Fee:** \$160.00 Place: HHES, 100 Candlewood Lake Rd.

# Riding Camps & Lessons

# Riding Camps and Lessons are held at: Brushy Hill Farm, 15 Coachmans Dr., Southbury.

For more information, please contact: Ev at 203-470-4353 or <a href="mailto:brushyhillfarm@gmail.com">brushyhillfarm@gmail.com</a>. Visit the website at <a href="mailto:www.brushyhillfarmct.com">www.brushyhillfarmct.com</a>.

#### **Summer Riding Camp** Ages 3+

This program welcomes riders of all ability levels. Camp includes daily riding lessons, basic horsemanship, farm safety, grooming, horse care, and tacking up. Camp is filled with horse related games, contests, professional demonstration, and prizes! During the daily riding lessons, beginners will have a 1:1 ratio with a leader while intermediate and advanced levels will have a 1:3 ratio. Brushy Hill's indoor facility allows camp to be held rain or shine. Orientation for parents will be held the Monday starting each week at 8:30am. Long pants, shoes with a heel, snacks and drinks are required each day. Brushy Hill Farm will provide helmets.

**Days:** Monday - Friday **Time:** 9:00am - 12:30pm

Fee: \$295.00/week

Week 1: June 20—24 Week 2: June 27—July 1 W

Week 3: July 4—8

Week 4: July 11—15

**Week 5:** July 18—22

Week 6: July 25—29

Week 7: August 1—5

Week 8: August 8—12

**Week 9:** August 15—19

Week 10: August 22—26

#### **Horseback Riding Lessons**

Brushy Hills lesson program caters to students of all ages from beginners to seasoned veterans. Ev offers her lifetime of experience and extensive knowledge of the sport to help young riders. The program is hand tailored to each rider's needs to ensure that everyone may achieve their goals and full potential. Lessons are closely supervised in a safe and nurturing atmosphere and will provide students with solid foundations, the necessary skills to communicate properly with their horse and become good horsemen. Long pants & shoes with heel are recommended. Hard hats will be provided. Once registered, call 203-470-4353 to schedule lesson date and time.

Fee: ½ hour private lessons

4 Pack \$260, 8 Pack \$520

1 hour private lessons

4 Pack \$520, 8 Pack \$1040

#### Brookfield Muskrats Swim Team

The Brookfield Muskrats is one of Brookfield's longest running programs.

Any child, age 6 to 16, that is able to swim 25 yards is encouraged to join. Brookfield Muskrats is a great first experience in competitive swimming and an opportunity for all children to enjoy the comradery of a team sport and improve their skills through frequent, small group interaction. Daily practices are designed to teach new skills, improve existing skills, and develop strength and endurance.

The season will begin on Tuesday, June 21 and continue through the end of July. Daily practices are held Monday through Friday at the Town Park Beach. (No practice Monday 7/4). The team participates in five or six weekday meets each season, both home and away. Away meets are scheduled with other local teams in the Stateline Swim League and are no more than a 30 minute drive from Brookfield. During the meets, swimmers are placed into events and compete against others of similar age and ability. At the end of the season, the team hosts a pot-luck picnic, to celebrate the team and recognize each swimmer.

This is a summer swim team with an emphasis on fun and we expect for swimmers to miss practices and/or meets to go on vacation and attend other activities. If a swimmer is attending Camp Cadicopia with us, arrangements will be made with staff to get swimmers back and forth from camp to practice.

There will be an orientation meeting for the parents of new and returning swimmers before the season begins in June. Season schedules and handbooks will be available at this time. Practice times vary depending on age group and may change from times advertised below depending on enrollment. A swimmer's age is as of July 1, 2022. The purchase of a beach pass is required to register for the Muskrats. All swimmers receive a Muskrats team t-shirt and swim cap.

Muskrats Fee: \$150.00pp/\$300.00 family max Practices: 10 and under: 10:30—11:15am 11 and over: 11:30am —12:30pm

All swimmers new to the team must be able to swim 25 yards and will be evaluated by the team coach on the first day of the program. It is recommended that swimmers be at Red Cross Level 4 or above to join the Brookfield Muskrats.

# Town Park Beach

All passes are for Brookfield Residents only.

For purposes of these passes, a family is defined as two married adults and dependents living in the same household. Brookfield Parks & Recreation reserves the right to ask for proof of age and residency.

#### **TOWN BEACH SEASON PASSES**

Come enjoy our beautiful Town Park Beach located at 460 Candlewood Lake Rd. Swimming, basketball, sand volleyball, plentiful picnic seating, BBQ grills, restrooms, individual and family changing rooms and more await you. The beach is staffed with some of the best trained, most helpful and friendly lifeguards you'll find anywhere on Candlewood Lake. Season passes may be purchased over the phone by returning pass holders. New residents must provide proof of residency in person at the Parks & Recreation Office at 162 Whisconier Road.

Passes will be sold beginning May 2, 2022.

Family Pass \$136.50 Individual Pass \$84.00 Senior Family \$105.00 (Age 65+ and up to 4 grandchildren) Senior Individual FREE (Age 65+)

#### **2022 TOWN PARK BEACH HOURS**

**MEMORIAL DAY WEEKEND:** May 28—May 30

Saturday, May 28 10:00am—6:00pm Sunday, May 29 10:00am—6:00pm Monday, May 30 10:00am—6:00pm

EARLY SEASON: May 31—June 17

Weekdays Closed Saturdays 10:00am—6:

 Saturdays
 10:00am—6:00pm

 Sundays
 10:00am—6:00pm

**SUMMER SEASON:** June 18—August 21

 Weekdays
 10:00am—6:00pm

 Saturdays
 10:00am—6:00pm

 Sundays
 10:00am—6:00pm

LATE SUMMER SEASON: August 22—September 5

Weekdays Closed

 Saturdays
 10:00am—6:00pm

 Sundays
 10:00am—6:00pm

 Labor Day (Mon. 9/5)
 10:00am—6:00pm

#### Town Park Beach

U.S.C.G. approved personal floatation devices are permitted for use by non-swimmers. They must be properly fitted Type 3 vests or Puddle Jumpers ®.



#### A note about the water quality at the Beach:

Water quality monitoring is performed weekly during the swimming season, for coliform bacteria and E. coli. If harmful levels of bacteria are detected, or other potentially injurious substances are found, beach closings may occur for the safety and health of residents. Such occurrences are rare.

#### Private Swim Lessons

Held at the Town Park Beach, private lessons run Monday through Thursday for a total of 4, 30 minute classes. Should a class be cancelled due to weather, a make-up class will be offered on Friday. (\*Note exception below the week of July 5-8 due to July 4 holiday.)

Our instructor will contact you the week before your scheduled session to learn about your child and their current swim level so we may better individualize their instruction.

Please specify session dates and time desired when registering.

A family beach pass is required in order to register for swim lessons.

Lessons will be cancelled in the event of heavy rain or thunder/lightning.

**Session 1:** June 27- 30 (Monday through Thursday)

Session 2: July 5-8 (Tues. through Fri.) no make-up

**Session 3**: July 11 – 14 (Monday through Thursday)

**Session 4:** July 18 – 21 (Monday through Thursday)

**Session 5:** July 25 – 28 (Monday through Thursday)

**Times:** 10:30 – 11:00am 11:15 – 11:45am

12:00 – 12:30 pm 1:30 – 2:00pm 2:15 - 2:45 pm 3:00 – 3:30pm

3:45 - 4:15pm

Fee: \$80.00 for four 30 minute lessons

# Rental Facilities

#### **Lakeside Community Room**



460 Candlewood Lake Road

The Lakeside Community Room at the Town Park Beach is an ideal location to host casual meetings, birthday parties, baby showers, retirement parties and other celebrations for groups of up to 50 people. The seasonal, climate controlled main room measures 26' x 24', and features spectacular views of Candlewood Lake. Weather permitting your reservation includes use of the adjacent 12'x40' stone patio as well as the other amenities in the park including a modified basketball court & sand volleyball court.

Reservations are accepted for three consecutive hours. Set up is permitted one hour prior to your scheduled reservation and clean up for up to one hour after. Set up and clean up times are provided as a courtesy and are not to be used as additional event time. Fee for use by Brookfield residents is \$190.00. Additional fees apply for events with swimming or extended hours. Due to Fire Code restrictions all events must end by 8:00 pm. No indoor cooking permitted. Reservation forms available at <a href="https://www.brookfieldct.gov/rec">www.brookfieldct.gov/rec</a>.

#### **Cadigan Pavilion**



#### 500 Candlewood Lake Road

Cadigan Park is located directly across the street from the Town Beach on Candlewood Lake Rd. The pavilion offers a great outdoor location for a birthday party or cookout. Reservations limited to groups of 50. Includes use of picnic tables and BBQ grills. Electric available. The park also has tennis courts, a basketball court, and athletic fields the group can use if available. During the summer season, your reservation includes use of the Town Beach amenities (across the street) during regular beach hours. Reservation forms available at <a href="https://www.brookfieldct.gov/rec.">www.brookfieldct.gov/rec.</a>

# Rental Facilities

#### Town Hall Bandstand



100 Pocono Road

Located in close proximity to the Kids Kingdom Playground, the Bandstand is frequently reserved for children's birthday parties. Reservations include use of two picnic tables under the Bandstand, use of playground (along with general public) and use of athletic fields if available. No charcoal grills permitted. Gas grills are permitted on brick apron in front of Bandstand. Reservation forms available at www.brookfieldct.gov/rec.

#### **Frequently Asked Questions:**

Q: How do I schedule my event?

A: Before completing you reservation form, call our office at 203-775-7310 to check the day and time. If the date is available, complete &return the form to our office. Credit card payment can be taken by phone.

#### Q: How much is a rental?

A: Rental fees vary by location and resident/non-resident or business use. The reservation form and fee schedule is available at <a href="https://www.brookfieldct.gov/rec">www.brookfieldct.gov/rec</a>.

#### Q: Is a deposit required?

A: A refundable, \$75.00 deposit is required with all reservations. Deposits are refunded provided the facility is left clean and undamaged. Cancellations within two weeks of an event results in lost deposits.

#### Q: Is insurance required?

A: Yes, a certificate of insurance (general liability) is required. This is often available through your Insurance carrier.

\*Additional information and FAQ's are available with the reservation form at <a href="https://www.brookfieldct.gov/rec">www.brookfieldct.gov/rec</a>.



# BROOKFIELD PARKS & RECREATION PRESENTS: **NEWTOWN SAVINGS BANK**

# CONCERTS IN THE PARK 2022

Concert Date	Artist	Type	Sponsor
			Brookfield Lions Club
June 17	The Spanners	Pop Rock	Dr. Claire A. Free, MD, LLC
			The Goddard School
	Goldrush	Blue Grass	Clayton's Mercantile Supply, LLC
June 24			Southridge Technology
	Scratch	Dance Party	Overhead Door of Brookfield
July 1			Frankies of Brookfield
	Jamnesia	Classic Rock	Shakespeare's Garden
July 8			Massage Envy Brookfield
	Future Tense	Rock Dance	Brookfield Plumbing & Heating, LLC
July 15			Sandbox Daycare, Sandbox, too and Village Preschool
	Bock & Blu	Pontoon Rock	McCaffrey Professionals Team at Coldwell Banker
July 22		Radio	Chick-fil-A
	Owls Nest	Eclectic Mix	Dental Associates of Connecticut
July 29		Rock and Blues	ABC Fuel Oil & Service, LLC
	Generation Blues	Blues	Harding for Senate
August 5			
	Eight to the Bar	Swing, Motown	Brookfield Cares
August 12		and Blues	
	Older than Dirt	Classic Rock	Orthopaedic Specialists of CT and Interventional Pain Management
August 19			Hegarty & Company Inc., Real Estate
	Dan's Garage	Classic Rock	Jim Eagan Insurance Agency
August 26			Matson Financial Advisors, Inc.

Concerts are scheduled Friday evenings from 6:30 to 8:00 pm at the BANDSTAND

Located at Town Hall, 100 Pocono Rd.

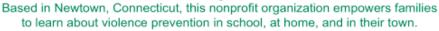
Family Fun! Bring a Chair or Blanket and Picnic in the Park!



# Mother's Day WeCare 5K Presented by Brookfield High School NHS

Sunday, May 8, 2022 • 9:00 AM start Brookfield High School • 45 Long Meadow Hill Road

#### To Benefit Sandy Hook Promise





#### REGISTRATION:

- \$25 online @ RunSignUp.com (or mail in) by Wednesday, May 4 at noon ~ NO race-day registration
- · Chip timing · Walkers Welcome
- T-shirt to first 150 registrants & dozens of door prizes!
- Pick up race day packets after 8am on race day
- Overall times will be tracked and posted at <u>GraystoneRacing.net</u>
- · Water and snacks will be available

#### AWARDS:

- ★ Overall Male and Overall Female: 1st, 2nd, 3rd place
- ★ First Place Female in each age group: 8 and under, 9-13,14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79
- ★ First Place Male in each age group: 8 and under, 9-13,14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79
- ★ TROPHIES awarded to each first place team: Mother/Daughter and Grandmother/Granddaughter\*
- ★ TROPHIES awarded to each first place team: Mother/Son and Grandmother/Grandson\*
  \*Runners must enter together as a team, pay as individuals. Teams are not eligible for individual awards.

#### COURSE ROUTE:

Brookfield High School - Long Meadow Hill Rd - Hop Brook Rd (cone turnaround) - Long Meadow Hill Rd - Brookfield High School

#### The Mother's Day We Care 5K is the second event in the "Four Seasons Challenge Series"

Runners who register for and complete all four races in the "Four Seasons Challenge Series" will receive a commemorative gift, distributed during the awards ceremony at the 2022 Halloween Run.

#### The 2022 race calendar includes:

January 1, 2022	35 <sup>th</sup> Annual Brookfield Lions / James O'Brien New Year's Day Run for Sight 4-Miler
May 8, 2022	11 <sup>th</sup> Annual Mother's Day WeCare 5K to benefit Sandy Hook Promise
June 5, 2022	14 <sup>th</sup> Annual Brookfield Lions - JDRF Strides to Cure Diabetes 5-Miler 9:00 AM start at Cadigan Park, 500 Candlewood Lake Road Brookfield Contact: Race Director (203) 775-6190 or lyonpride@charter.net
Sunday, October 30, 2022	30 <sup>th</sup> Annual 5K Halloween Run 10:00 AM start at the Brookfield Municipal Center Contact: Brookfield Parks & Recreation (203) 775-7310 or www.brookfieldct.gov/rec

To register by mail: (	Complete & send with check paya Brookfield High School NHS • 45 L	ble to "BHS, Student Activity	
Name		AGE	SEX
Address			
City, State, Zip			
Telephone	Email:	Adult T-s	shirt size? Circle: S M L XL
Team Category and Particip	pant Names: M/D, M/S, G/D, G/S		

# Community

#### YOUTH SPORTS ORGANIZATIONS:

**Brookfield Baseball & Softball Association** (BBSA)

www.brookfieldbbsa.com

Steve Harding Sr. – President

proff1960@aol.com ~ 203-770-4424

Brookfield Pop Warner Football & Cheer

www.brookfieldpopwarner.com

Kori Kermashek - President - korik412@hotmail.com

**Brookfield Lacrosse Club** 

www.brookfield-lax.org

Jeff Praissman – President

ipraissman@gmail.com

**Brookfield Soccer Club** 

www.brookfieldsoccer.org

Sam Ramzy-Registrar

registrar@brookfieldsoccer.org

**Brookfield Basketball Association (BBA)** 

Travel Basketball for grades 4-8

www.bbabrookfield.com

brookfieldbbapresident@gmail.com

#### **Brookfield Conservation Earth Day Event**

When: Saturday, April 23rd 10:00am—12:00pm

Where: Ericksen Farm Open Space, 8 Nabby Rd.

Come celebrate Earth Day with the Brookfield

Conservation Commission at Ericksen Farm Open

Space. Get your hands dirty in

planting a tree at the property. Plant

seeds and saplings to take home.



Learn about No Mow May and the new Pollinator Garden on site. Celebrate the hanging of Brookfield's very first barn quilt! Free to the public. No registration required. Rain cancels the event.

#### **Brookfield Parent Support Network**

Join us for free, confidential, and informal monthly meetings. For parents concerned about their kids who struggle with anxiety, depression and/or emotional dysregulation. For more information please email brookfieldpsn@ymhproject.org

Sponsored by Brookfield Cares, Brookfield Education Foundation and The Youth Mental Health Project.

# Community

#### **Frequently Requested Contact Information**







**Boy Scouts** 

Ken Witmyer

ken.witmyer@gmail.com

Airielle Smith

aerielle.smith@yahoo.com

Sara Vannucci

**Cub Scouts** 

Katie Rose Orie

Cscout135@gmail.com

**Brookfield Education Foundation (BEF)** 

brookfieldeducationfoundation@gmail.com

Conservation

Commission

Land Use Office

(203) 775-7316

Garden Club

brookfieldgardenclub@yahoo.com

**Girl Scouts** 

https://www.gsofct.org

**Brookfield** 

Pam Tanz

Lion's Club

pamelajtanz@gmail.com

**MOMS Club®** 

Rebecca Newman

of Brookfield

themomsclubofbrookfield@gmail.com

**Senior Center** 

(203) 775-5308

Women's Club of

Cynthia Buzcek

(203) 470-7291

**Brookfield** 

Laura Pizzirusso

(203) 775-6283

# **Brookfield's Memorial Day Parade** Sunday, May 29 2:00pm start

Organized by the Brookfield Lions Club. Shuttle bus from Center School runs from 12:30 -1:40pm. No parking at Brookfield High School. Please contact the Lions Club Parade Committee if interested in marching.





P.O. Box 5106 Brookfield, CT 06804

#### **POSTAL PATRON**

**BROOKFIELD, CT 06804** 

#### **RECREATION STAFF:**

Mary Knox, Director Parks & Recreation

Dan Gagne, Recreation Supervisor

Liz Burandt, Administrative Assistant



The Brookfield Parks & Recreation Department does not discriminate on the basis of race, color, national origin, gender, religion, age or disability in provision of programs and services. Individuals with disabilities are encouraged to register.

#### **PARKS MAINTENANCE STAFF:**

Chris Rabuse Parks Supervisor
Chris Shaw Crew Leader
Rob Haggarty Parks Maintainer
Mike Schaniel Parks Maintainer
Chris Montchal Parks Maintainer

The Brookfield Parks & Recreation Department is complying with the Americans with Disabilities Act (ADA) Public Law 101336. The law addresses issues of accessibility of facilities and programs. Provisions of reasonable program accommodations will be made on a case-by-case basis to allow people with disabilities to participate in and benefit from programs. Documentation of disability is required when requesting reasonable modifications.

#### **WHAT'S INSIDE...**

Adult Art	5	Craft Workshops	4	HHES & WMS	15-16	Summer Concerts	25
Adult Education	6	Dance Camps	20	Horseback	22	Tennis	10
Adult Fitness	6-8	Day Camps	17-18	Music Lessons	11	Tot Programs	11-12
Brookfield Muskrats	22	Facility Passes	2	Special Events	3	Town Park Beach	23
CES Programs	14-15	Facility Rentals	24	Sport Camps	18-19	Trips	4
Community	26-27	Golf	9	STEAM Camps	21	Youth Fitness	13-14

#### Register now for spring programs.

You may register over the phone when paying by credit card, in person at the Parks and Recreation Office (located at 162 Whisconier Road).